



# Credit and Money Management

**Building Strong Credit**



# About Operation **HOPE**

Since its inception in 1992, the mission of Operation HOPE, Inc. (HOPE) is silver rights empowerment, making free enterprise work for everyone. It promotes financial dignity through the delivery of financial inclusion and education tools to underserved communities. Through its core divisions, the organization has provided youth and adult financial literacy, economic preparedness, digital empowerment, promoted home ownership, and assisted with foreclosure prevention to more than 2 million individuals, families, and small business owners. HOPE's next phase is focused on Project 5117, a multi-year initiative that will track and increase business role models for youth, boost credit scores for adults, and empower underserved communities.



“There is a difference between being broke and being poor. Being broke is aa economic condition, but being poor is a disabling frame of mind, and a depressed condition of the spirit, and we must vow never, to be poor.”

– **John Hope Bryant**





## **Welcome to the Operation HOPE's Building Strong Credit Workbook**

This workbook is designed for anyone to download and complete independently. It combines credit education with action, guiding you to reflect, plan, and take practical steps toward building strong, lasting credit through interactive exercises and goal-focused activities.





## Building Strong Credit

### Tips for Getting Started

**This workbook is your personal guide to setting strong financial goals—and making real progress.**

**You don't need to complete it all at once. In fact, you'll get more from it if you take your time, reflect honestly, and revisit it as you grow.**

#### How to Make the Most of This Workbook

- Set aside focused time each week to work through a few pages.
- Write directly in the workbook, or use a notebook if you need more space.
- Be honest with yourself. This is a judgment-free zone.
- Come back to pages that challenge or inspire you.

#### You Can Revisit It

- This workbook isn't just a one-time activity.
- Use it as a check-in tool—every month, every quarter, or any time your financial goals shift.
- Reflect on how far you've come and what's next.

#### What to Expect

Throughout this workbook, you'll:

- Reflect on your financial mindset
- Assess your current habits and behaviors
- Set clear, realistic SMART goals
- Build a personalized action plan to move forward

This is your space to explore, plan, and act. Let's begin.

# Activity: Reflection

Reflect on your first experience with credit, whether it was your own or one you witnessed firsthand through someone else.

- Was it a positive or negative experience?
- How did it change or impact your mentality toward credit?



# Credit Report Facts

## What is a Credit Report?

A credit report is a comprehensive document that provides a detailed overview of an individual's credit history. It is typically compiled by credit reporting agencies (CRAs) and used by lenders, creditors, and other entities to assess an individual's creditworthiness.

Three nationwide credit bureaus (Equifax, Experian, and TransUnion) collect and update this information. According to the Fair Credit Reporting Act, these credit bureaus must:

- make sure that the information they collect about you is accurate
- give you a free copy of your report once every 12 months
- give you a chance to fix any mistakes

## Why Get a Copy of Your Report?

Getting your credit report can help protect your credit history from errors and help you spot signs of identity theft.

- Check to be sure the information is accurate, complete, and up-to-date. If you find any information that is out of place, contact the credit bureaus and the business that supplied the information to get the mistakes removed from your report.
- Mistakes on your credit report might be a sign of identity theft. Identity theft can include:
  - Access to your bank account
  - Run up charges on your credit cards
  - Get new credit cards in your name
  - Open a phone, cable, or other utility account in your name
  - Steal your tax refund
  - Use your health insurance to get medical care
  - Pretend to be you if they are arrested

## How to Get Your Free Annual Credit Report

You can obtain a free copy of your credit report every 12 months from each of the three nationwide credit bureaus. In addition, the three bureaus have permanently extended a program that lets you check your credit report from each once a week for free.

You can obtain your credit report by visiting [AnnualCreditReport.com](https://AnnualCreditReport.com).



# What Information Is Located in a Credit Report

The information in a credit report includes:

**Personal Information:**

- Name
- Social Security number
- Date of birth
- Current and previous addresses
- Employment history

**Credit Accounts:**

- List of current and past credit accounts (credit cards, mortgages, auto loans, etc.)
- Account numbers
- Type of account (revolving, installment, etc.)
- Date the account was opened and closed
- Credit limit or loan amount
- Current balance
- Payment history, including any late payments

**Credit Inquiries:**

- List of inquiries made by lenders or creditors when the individual applied for credit
- Inquiries are categorized as either "hard inquiries" (resulting from credit applications) or "soft inquiries" (for informational purposes, such as pre-approved credit offers)

**Credit Scores:**

- The credit report may include a credit score, possibly with a cost associated with it, which is a numerical representation of an individual's creditworthiness based on the information in the report. The most common credit score is the FICO score.

**Collections:**

- Accounts that have been sent to a collection agency due to non-payment

**Public Records:**

- Bankruptcies
- Tax liens
- Judgments
- Foreclosures



# Activity: Reviewing Your Credit Report

Access your credit report through [AnnualCreditReport.com](https://AnnualCreditReport.com) and retrieve a copy of your report. Review your report.

- What did you learn about your financial history that you didn't know before?
- Were there any errors or surprises on your report?
- How does this information shape your future financial goals?





# Habits for Improving Credit

Improving your credit score is crucial for obtaining favorable terms on loans and credit cards. Credit scores are determined by various factors, including payment history, amounts owed, and length of credit history. Here are four key actions to help you enhance your creditworthiness:

- **Maintain Positive Payment History:** Consistently paying bills on time contributes positively to your creditworthiness. Set up automatic payments or reminders to ensure that you never miss due dates. Timely payments demonstrate financial responsibility and reliability to creditors.
- **Manage Amounts Owed:** Aim to keep your credit card balances low, ideally below 30% of your credit limit. Paying down existing debt can have a positive impact on your credit score and demonstrate responsible financial management.
- **Build and Maintain Credit History:** While you can't change the length of your credit history overnight, you can start by keeping older accounts open and using them responsibly. Avoid closing accounts, especially those with a long history, as this can shorten your credit history and potentially lower your score.
- **Regularly Check Your Credit Reports:** Your credit reports provide a detailed overview of your credit accounts, payment history, and inquiries. If you spot errors, dispute them promptly to ensure that your credit report accurately reflects your financial history.

Remember that higher credit scores often result in better interest rates and more favorable terms on loans and credit cards. By proactively managing your payment history, credit utilization, credit history length, and regularly monitoring your credit reports for accuracy, you can take significant steps toward improving your creditworthiness over time.



# Activity: What Habits Will You Implement?

- Which of the four key actions do you feel most confident about? Why?
- Which area do you feel needs the most improvement? What is one step you can take this week to improve it?



# Reducing Debt

Reducing and avoiding debt is a crucial aspect of financial well-being. Here are several strategies to help individuals effectively manage and decrease their debt:

- **Pay More Than Minimum Payment:** By paying more each month, you can accelerate the reduction of the principal balance, ultimately lowering the overall interest paid over the life of the debt. This strategy can lead to faster debt repayment and financial freedom.
- **Consolidate Multiple Debts:** This often involves obtaining a debt consolidation loan or transferring high-interest balances to a credit card with a lower interest rate. By streamlining payments, individuals can focus on repaying a single, more manageable debt.
- **Create a Budget:** By tracking income and expenses, individuals can identify areas where they can cut back and redirect those funds toward debt reduction. A well-structured budget serves as a financial roadmap, helping individuals prioritize debt repayment goals.
- **Avoid Impulsive Purchases on Credit:** Before making a non-essential purchase, consider whether it aligns with your financial goals and whether you can afford it without relying on credit. This mindful approach can prevent the addition of unnecessary debt.
- **Be Cautious About Cosigning Loans:** Cosigners are equally responsible for the debt, and any missed payments can impact their credit. Before agreeing to cosign a loan, carefully evaluate the financial responsibility of the borrower and the potential consequences for your own financial health.

In summary, reducing and avoiding debt involves a combination of proactive financial strategies and disciplined behaviors. Paying more than the minimum, consolidating debts, creating a budget, resisting impulsive credit-based purchases, and exercising caution when cosigning loans can collectively contribute to a healthier financial outlook and a reduced reliance on borrowed funds. Developing and adhering to these habits can pave the way to long-term financial stability.



# Steps for a Debt Payoff Plan

Creating a structured debt payoff plan is a proactive approach to managing financial obligations. Here's an in-depth guide on implementing a successful debt payoff plan:

- **List All Debts by Amount and Interest Rate:** Begin by compiling a comprehensive list of all your debts, including credit cards, loans, and any other outstanding balances. Note the outstanding balance, minimum monthly payment, and the respective interest rates for each debt.
- **Rank Debts by Highest Interest Rate:** Prioritize your debts by ranking them in descending order based on their interest rates. This approach allows you to address the most expensive debts first, minimizing the overall interest paid over time.
- **Pay Minimum on All Debts Except Smallest:** While maintaining minimum payments on all debts to avoid late fees and penalties, allocate any extra funds or budget surplus toward the smallest debt on your list. Focusing on the smallest debt initially provides a psychological win and creates momentum for the debt payoff process.
- **Put Any Extra Funds Towards Smallest Debt:** Identify additional sources of income or discretionary spending areas where you can cut back. Direct any extra funds toward the smallest debt to expedite its repayment. Consistently channeling surplus funds in this manner accelerates the process of eliminating individual debts.
- **Once One Debt is Paid, Roll Extra to Next Smallest:** Celebrate each debt payoff success. Once the smallest debt is entirely paid off, take the total amount you were paying toward that debt (including the minimum payment and any extra funds) and roll it over to the next smallest debt on your list. This method, known as the "snowball" approach, enables you to tackle larger debts progressively.



# Steps for a Debt Payoff Plan

- **Repeat the Process:** Continue this process until all debts are paid off. As each debt is cleared, the cumulative amount available for debt repayment increases, creating a snowball effect. This method not only reduces the number of outstanding debts but also accelerates the overall debt payoff timeline.
- **Consider Debt Consolidation:** Explore debt consolidation options, especially if you have multiple high-interest debts. Consolidating debts into a single loan with a lower interest rate can simplify repayment and potentially reduce overall interest costs.
- **Monitor and Adjust the Plan:** Regularly review your debt payoff plan to ensure it aligns with your financial goals. Adjust the plan if needed, considering changes in income, expenses, or unexpected financial challenges.

Implementing a debt payoff plan requires discipline and commitment, but the long-term financial benefits are substantial. By strategically addressing debts based on interest rates and using the snowball method, individuals can regain control of their finances and work towards a debt-free future.



# Activity: Debt Payoff Strategies

Choose one debt payoff strategy from above that resonates with you.

- Outline a simple debt payoff plan based on their chosen strategy.
- What challenges or insights did you encounter?



## NOTES: